

# Counseling Curriculum Map

	Pre-K/K	1st	2nd	3rd	4th	5th
August	What is a Counselor?	What does a School Counselor do?	What does a School Counselor do?	How can a School Counselor help me?	How can a School Counselor help me?	How can a School Counselor help me?
September	Thinking Thoughts & Feelings	Hidden Rules: Expected and Unexpected Behaviors	My Smarts, School Smarts, Social Smarts	What is Social Thinking?	Superflexible Thinking vs. Rock Brain Thinking	Zones of Regulation, pt. 1
October	Bullying Prevention	Bullying Prevention	Bullying Prevention	Bullying Prevention	Bullying Prevention	Bullying Prevention
November	Thinking with Your Eyes	Smart Guess	The Situation	We All Have Feelings	Your First Superflex Mission	Zones of Regulation, pt. 2
December	Zones of Regulation	Zones of Regulation	Zones of Regulation	Thinking with Your Eyes	In Comes the Team of Unthinkables	My Secret Bully

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January	The Group Plan	Flexible & Stuck Thinking	Being a Social Detective	Thinking About the Hidden Rules & Expected Behavior	Honorable Mention: D.O.F. (The Destroyer of Fun)	Zones of Regulation, pt. 3
February	Body in the Group	Size of the Problem	Smart Guess	Keeping My Body, Eyes, Ears and Brain in the Group	Another Honorable Mention: Brain Eater	Zones of Regulation, pt. 4
March	Whole Body Listening	Sharing an Imagination	Hidden Rules: Expected Behaviors	How Big Is My Problem?	Levels to Becoming the Ultimate Superhero	Zones of Regulation, pt. 5
April	We Thinkers Review	We Thinkers Review	Hidden Rules: Unexpected Behaviors	Thinking About the Size of my Reaction	Laying the Unthinkables to Rest	Transition to Middle School
May	Safety Lessons	Safety Lessons	Safety Lessons	Safety Lessons: Family Life Curriculum	Safety Lessons: Family Life Curriculum	Safety Lessons: Family Life Curriculum

